

# Parish Pump

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c/o Broughton PO or by email:  
[broughtonparishpump@yahoo.co.uk](mailto:broughtonparishpump@yahoo.co.uk)

March 2024 Issue No. 299

- P2 WI, Hardknott Forest, X12
- P3 What's On — Village Halls
- P4 Autumn String Quartet
- P5 Broadband, Poem
- P6 Parish Council
- P7 What's On, LDNPA and DVLHG
- P8 What's On
- P9 Youth Drop-in, Sustainable Duddon
- P10 Simon Fell, Film Club
- P11 Parish News, Easter Services

Enquiries: Tel 715221

The publication of advertisements in the Parish Pump does not imply endorsement of the products/services advertised. The producers of the newsletter accept no responsibility. The Parish Pump is unable to publish anonymous contributions. View the Pump online via village Facebook pages — Broughton in Furness Community and Broughton in Furness Locals

OPEN TO EVERYONE

## Woodland Spring Show

Saturday, 9th March  
Woodland Parish Room

1pm - 4pm

Everyone welcome to come along  
and see the exhibits

ADMISSION FREE! Refreshments £2.00

### RAFFLE

(only 50p per entry, 25p for children).  
Entry forms are available from  
Broughton Post Office and  
other local outlets

Plants  
for sale

## EASTER HOLIDAY CLUB

Get ready for fun sports, adventures,  
and outdoor games. (Weather  
dependant)

### Fun Activity Programs

Canoeing, Ghyll Scrambling, Climbing,  
Abselling, Crate Stacking, fun & games.

£45

Per person per day  
Local discount available  
Limited spaces available.  
Booking essential

APRIL 2024

2nd - 5th and 8th - 11th

Age 6+

### THE KEPPLEWRAY CENTRE

Broughton in Furness  
LA20 6HE  
[www.kepplewrays.org.uk](http://www.kepplewrays.org.uk)

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01229 716936  
[stay@kepplewrays.org.uk](mailto:stay@kepplewrays.org.uk)

DISCOVER @KEPPLEWRAY  
DISCOVER ADVENTURE, DISCOVER LIFE

## WOODLAND PARISH ROOM

### Vera's Quiz

Saturday 2nd March  
at 7pm

Everyone welcome!

QUIZ TIME

## METHODIST HALL EVENTS

### Mondays in term time

RAINBOWS 4.45—5.45pm (Ages 5—7)

BROWNIES 5.45—7.00pm (Ages 7—10)

GUIDES 7.15—8.30pm (Ages 10—14)

Contact Sam Addington 715095

### Wednesdays

CUBS 6.00—7.00pm

Contact Neil Addington 715095

### Youth Drop-in

For young people 11yrs+

Thursdays in term-time

## Broughton Mills, Woodland & Foxfield

Like many in the area, our end of 2023 arrangements did not go according to plan, falling foul of the awful weather conditions that descended in the first weekend in December, resulting in the cancellation of our annual celebration meal and Xmas meeting. However, we were fortunate in being able to reschedule this for 10th January, when we enjoyed a lovely meal with all the Xmas trimmings, at the King William IV. The food was delicious and we were very well looked after by the attentive staff. The crackers and 'secret santa' gifts may have been a little late but it was a great way to start the year off! A big thank you to everyone at the King Billy.

Our February meeting took place during the afternoon of the 7th at the Methodist Church Hall, hosted by Pam Gilman, President. This was a very special event that had been planned for some time to celebrate the 90th birthday of one of our longest serving members. It was shrouded in secrecy as we wanted to surprise Mary (Dixon). Mary is a stalwart member and staunch supporter of our WI group and has been so for many decades (3+). She is also an inspiration and dear friend who has a vast knowledge of all things to do with the WI, which is willingly shared to the benefit of the group.

Whilst sorting the party arrangements pre-event was an achievement, setting up the room on the day proved to be a much bigger challenge, given that Mary lives a hundred yards away and is well known for her astuteness! We were definitely under pressure not to be seen, but thankfully it all came together beautifully. The Phoenix Singers were in attendance and heralded Mary in, much to her amazement, and thereafter provided a fabulous, polished concert. Afternoon tea, provided by the Square Cafe, was superb (thank you Claire, Kelly et al, cake makers extraordinaire!) and was very much enjoyed by all. It was a delightful afternoon, with much chatter and laughter, which we were honoured to share with Mary. Definitely one to be remembered.

A short meeting followed the frivolities and it was noted that we have a varied programme of speakers in place for the next twelve months. On the 6th March (7.30pm), the speaker will be Caroline Eames, Forensic Scientist. The venue is Woodland Parish Room. Please feel free to join us, a warm welcome awaits.

*Paddy Lynch*

## Ulpha & Seathwaite

Another year and we are meeting for the first time of 2024, the weather was kind and as has become the custom it was a games night to blow away the blues. The competitive spirit is very strong here at our WI and the teams were in fighting form after the Christmas break, and possibly well practised after family games played over the festive period.

The first game was 'two truths and a lie'. Each person had to present exactly that, whilst the teams had to guess which was the lie! The truths were certainly sometimes more amazing than the lies. Many secrets are certainly held here at our WI! Who would believe we had a naked snow diver, broken limbs acquired through guilt, conversations with royalty about herbs, births in

royal palaces, the truths went on... and who knew how many had met John Craven? The names of the truth tellers will not be revealed. What happens at WI stays at WI. Difficult to believe in such a small community there were so many 'interesting' goings on.

After much laughter and incredulity we were ready for game two. Famous Five — a game devised by Emma, where she would give a clue increasing in simplicity as the points for winning decreased, of course there was the total of five clues. What a game! Copyright stays here! We had to guess Ulpha Bridge, Friith Hall and Arthur Ransome amongst others. It was all very competitively fought! After this we enjoyed a delicious supper as ever, and we all remained friends despite the competition.

If you would like to join us we meet on the second Tuesday of the month at the Browfoot Room. You would be most welcome. Next month we have The Bath Works coming to tell us about their small business.

*Fiona Oliver 01229 716926*

## MEMO FROM THE 'FRIENDS OF THE X112' CHARITY



We are a small group of determined people who have worked hard for over nine years now to keep our essential local, rural bus services afloat. These services operate in the Barrow, Ulverston, Coniston, Broughton and Askam areas where no other services operate and link many rural communities together. The services are operated on our behalf by a small, local, bus company, Blueworks Taxis Ltd.

Amongst many ways in which the services are funded we hold regular local events (lunches at Rampside every two months, coffee mornings in Ulverston every month). Over the years many other activities have been organised with great support from local communities.

However over the years we have become less physically able to do all these things and we are seeking more volunteers to help us at these events with serving, setting up etc. It would also be wonderful if any volunteers could plan and carry out other fund raising events with our support. Our technological skills aren't great either so help with that side of what we do would also be more than useful. We would also greatly benefit from people who could carry out leaflet drops (occasionally) in the villages.

Thank you.

*Friends of the X112*

## Volunteer Days

### March

Sunday 10th and Tuesday 26th Hardknott Forest

Spring Residential Weekend, Hardknott Forest: 15 — 17/18 FULLY BOOKED — email to go on waiting list

### April

Sunday 14th Brotherilkeld Farm, Eskdale  
Tuesday 30th Hardknott Forest

### May

Sunday 12th and Tuesday 28th Hardknott Forest  
Wednesday 15th Dry stone walling for beginners, Hardknott Forest

Contact [j.h.hodgson@leeds.ac.uk](mailto:j.h.hodgson@leeds.ac.uk)

<http://bag.leeds.ac.uk/projects/restoring-hardknott-forest>







## VICTORY HALL WEEKLY EVENTS

**Monday** 6.30pm-7.30pm  
**WozFit Circuit Training** £2 per session



**Tuesday** 7.15pm-9.15pm

**HOLBORN HILL ROYAL BRASS BAND**

Contact Ruth Hughes on 716659 Instruments can be provided



**Wednesday** 10am-12pm

**Pickleball** £3.00 includes refreshments

Contact Barbara 01229 869968



**Wednesday** 7.00-8.30pm

**Yoga** £5 per session. Contact Elaine Essery on 716129



**Thursday** 7.30 until 9pm

**Badminton**

Contact Andrew on 889429 or Graham on 716007



**Friday** 9.30-11.30

**Broughton Under 5's Group** £2 for first child,

50p for additional children. Includes drinks & snacks

broughtonunderfives@hotmail.co.uk



**Friday** 3pm-5pm

**Pickleball** £3.00 see Wednesday for details



**Gentle  
exercise**

**Friday** 10.30am-11.30am

Rankin Room

Chair based activities to benefit your posture and physical condition



## LONDON MOUNTAIN FILM FESTIVAL

**FRIDAY 1ST MARCH**

**@BROUGHTON**

An inspirational evening of mountain and outdoor films  
hosted by Broughton-in-Furness Film Club

**VICTORY  
HALL  
7 PM**

**FUNDRAISER FOR  
DUDDON AND FURNESS  
MOUNTAIN RESCUE  
TEAM'S NEW BASE**

SELECT  
BROUGHTON-IN-FURNESS  
ON EVENTS PAGE

ONLINE TICKETS AT [WWW.CITIZENTICKET.COM](http://WWW.CITIZENTICKET.COM)  
FILMS £8.50 ONLINE FILMS £10 CASH ON DOOR  
CURRY + FILMS DEAL £20 ONLINE ONLY



The Community Hall  
at Grizebeck  
KIRKBY IN FURNESS

March sees the start of our series of varied musical performances. Our full schedule can be found on The Community Hall Grizebeck facebook page or on our website. Further details from our hall manager at [hall.manager@grizebeckhall.co.uk](mailto:hall.manager@grizebeckhall.co.uk) or by ringing 07905 779584. The following Highlights events can all be booked at [www.highlightsnorth.co.uk](http://www.highlightsnorth.co.uk):

Saturday 2nd March 2024 — Metal Embossed Coaster workshop

Sunday 17th March 2024 — Gareth Davies Jones

Sunday April 14th 2024 — Katie Doherty and the Navigators

Friday 17th May 2024 — While and Matthews

Further details on our website [www.grizebeckhall.co.uk](http://www.grizebeckhall.co.uk) or facebook page fb.com/Grizebeck.

### Regular events

**Table Tennis** Monday afternoon contact Rick Shaw 01229 889624

**Pilates** Monday Evening Contact Heidi 07519 395545

**Yoga** Tuesday evening contact Carol-Anne Barber 07505 500965

**Whist Drive** Every first and second Wednesday contact Michael Irving 01229 889632

**Flower Guild** 27 March 2024 Contact Jeni Sarson 01229 889685  
'Something nice for Easter'

**Bowling Club** Thursday afternoon contact Franek Rewaj 01229 889407

**Craft Club** Second Thursday of each month contact Ali Hooper 01229 889723

**Surfers Group** Assistance in navigating a computer Friday morning contact Franek Rewaj 01229 889407

## PAT JORDAN & FINIAN'S RAINBOW



**Browfoot  
Room  
Ulpha**

**Saturday  
9th  
March**

7.15pm for 8.00pm



**TICKETS**

**Licensed Bar** £12.50

Available from

[www.duddonvalley.co.uk](http://www.duddonvalley.co.uk)

Ulpha Post Office (Thurs 1 - 3pm)

Further Information 01229 716854  
[www.duddonvalley.co.uk](http://www.duddonvalley.co.uk)





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**WATER YEAT VILLAGE HALL**

**The Autumn String Quartet**

These widely experienced players had an enthusiastic reception at the Hall in September - their closeness to the audience and their stimulating introductions made the experience quite unique.



Their passion is to explore and perform significant and outstanding works written for the genre. Locally based, they love performing in smaller venues in the Cumbria region, presenting classical music making 'at close quarters'

**Schubert Quartetsatz**  
**Shostakovich Quartet No.8 Op.110**  
**'3 Lake District Pieces' by Armstrong Gibbs**  
**Dvorak Quartet Op.96 'American'**

**Sunday 24<sup>th</sup> March 7pm £15**

in advance - no booking fee - from  
[www.wegotickets.com/wateryeatvillagehall](http://www.wegotickets.com/wateryeatvillagehall)  
Café/table seating. Bring your own drinks and nibbles

[www.e-voice.org.uk/wyv](http://www.e-voice.org.uk/wyv)



**Emma Hewerdine**  
**07910 774131**  
[emma@accountsandadmin.net](mailto:emma@accountsandadmin.net)

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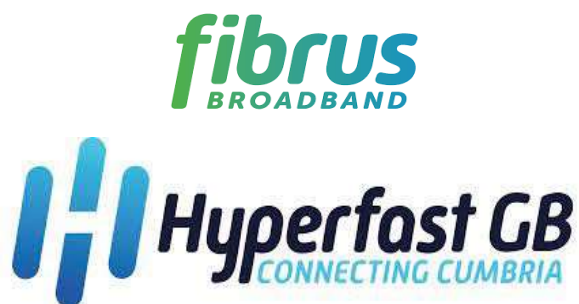
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**Promising news on the delivery of fibre broadband to Broughton and surrounding areas..... Many more of us will have access to fibre by the end of 2026**

#### **A Bit of Background**

Many of you will remember the B4RN project that myself and a number of local volunteer coordinators worked on a few years ago. Unfortunately this was unable to progress for reasons beyond our control. This left a lot of us still abandoned and still very poorly served with broadband, particularly in the outlying areas of Broughton.

#### **The Plan – “Hyperfast GB”**

The Government has remained committed to provide gigabyte capable broadband to the hard-to-reach properties of Cumbria like us. The current project involves Government investment together with considerable investment in network build costs by a company called Fibrus.

Fibrus has been selected to deliver a contract for Cumbria to bring next generation broadband services to up to 60,000 homes and businesses that might have otherwise missed out on gigabit upgrades. They are working in conjunction with Viberoptix who are responsible for the surveying and upgrading of the existing network in order to deliver fibre. You will probably have seen many of their vans working around our area in recent months.

#### **What this means for us**

Many of us in the Broughton area are included within this figure of 60,000.

Sadly, we can't say all, but we're told it will be the vast majority. It might not be the perfect solution but is considerably better than anything we have been offered before and certainly includes more homes than ever committed to by the likes of BT Openreach.

#### **What's next?**

Frustratingly, even the Fibrus Ambassadors don't even know the exact timescales but the contract ends in 2026 and they have said they have to deliver by then. They are currently actively working in other areas of Cumbria and they say they will get to us.

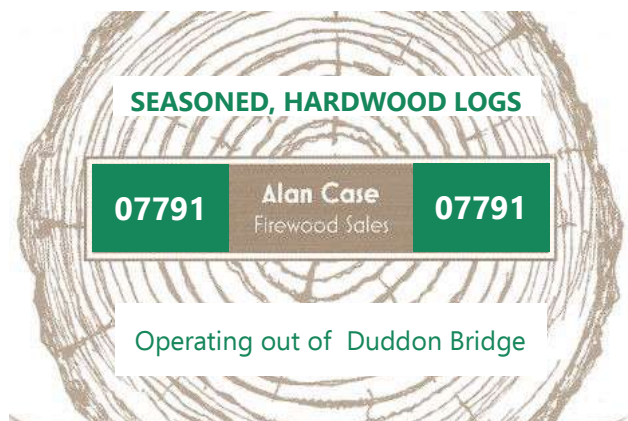
#### **Look out for a residents' meeting – Fibrus will be planning an information meeting, hopefully in the coming months so watch this space.....**

I am acting as a Hub Co-ordinator for Fibrus to help facilitate the process at a local level. This means I will endeavour to keep us all informed about the project and also provide the benefit of local knowledge to Fibrus as the works progress. Contact me if you want more information or further detail about the inclusion of your property in the project. I will help where I can, or certainly point you in the right direction.

Emma Hatton: via Facebook or [emmahatton839@gmail.com](mailto:emmahatton839@gmail.com)

You can also research more on the relevant Facebook pages and via:

<https://fibrus.com/> <https://hyperfastgb.com/>



## Painter & Decorator

### Duddon Valley and Surrounds



**Nick Sebley**  
**01229 715021**  
**nsebley@aol.com**

#### *Bread Sauce*

Of all the special Christmas dishes  
 Bread sauce is one that I love  
 It is made from bread but it's not a sauce  
 More like "pobbies" flavoured with clove.

It dates back to mediaeval times  
 In many and varied ways  
 I gather the one Henry VIII liked best  
 Was most like what we have nowadays.

It is a particular English dish,  
 Using stale bread which was NOT thrown away  
 Beautifully flavoured with onion and spices  
 When all food was valued, back in the day.

It's a strange dish to like  
 Not to everyone's taste  
 But part of its charm is  
 using up all the waste.  
 Mainly I think it's because it is fare  
 We make it to eat with the turkey.  
 At Christmas time once in the year

*Barbara Rigg*

#### **Latest news on the Black Cock**

The Black Cock Inn is now owned by CGP, and work is underway on refurbishments. We're aiming to re-open the pub as soon as possible, keeping the same character and feel as before. It won't be a quick job... there's a lot of work needed behind the scenes, including improvements to the electrics, plumbing and heating. We don't have an exact timescale yet, but we'll post updates.



## DUDDON PARISH COUNCIL NEWS

### Parish Council Drop In, The Square Café, 12th March 2024 10.45 – 12noon

Firstly, on behalf of the community, Duddon Parish Council would like to thank Phil White for donating the Christmas tree, and everyone who came out to help put it up and take it down. Community spirit at its best!

#### Help Wanted

Whilst the 10 Parish Councillors give their time for free, they can't do everything. We are always looking for people to help with a range of projects and now is no exception. So, if you have a few hours to spare, the following positions need to be filled:

1. Community Resilience Plan. A coordinator is required for this important role as well as team members.
  2. CGP Trust, Brown Cow Institute and Garner Grave Charity. A new Clerk is needed for the CGP Trust to replace Rosie Robinson who is stepping down in June this year. The Brown Cow Institute and Garner Grave Charity generate a relatively small, but significant, amount which is available to the community in much the same way as the CGP Trust is. These could ideally be handled in conjunction with the CGP Trust. This is not a paid position, but a small honorarium is paid each year.
  3. Place Plan. This will replace the Broughton Community Plan which is ready to be updated to anticipate the services and responsibilities that Westmorland & Furness Council may devolve to local councils in the future. By knowing the community's "wish-list" we will be better placed to know what you want, budget for it, and hopefully deliver it. This Plan will form the basis of future projects which will help improve quality of services, recreational facilities and life in general. To that end, we need someone to coordinate this important aspect of the community's "voice".
  4. Public Conveniences. A cleaner is required for the public toilets from April, 3 times a week for 1 hour per day. This will be a negotiated paid contract, but you should be self-employed and have your own insurance.
- Anyone wishing to volunteer for any of the positions above is asked to contact the Parish Clerk at [info@duddonparishcouncil.org.uk](mailto:info@duddonparishcouncil.org.uk).

#### Victory Hall

Work is ongoing to make the Victory Hall an even better community asset. We have already had an extensive audit of the building which has highlighted a number of areas that need repair/improvement. We will aim to work our way through these with minimal impact to the users where possible. In addition to these larger jobs, we are looking for a Victory Hall handy-person to carry out basic repairs, general maintenance and other smaller DIY tasks. If anyone is interested please contact Christine Adams at [info@duddonparishcouncil.org.uk](mailto:info@duddonparishcouncil.org.uk). You may also remember that there was a major water leak before Christmas. As well as the cost of the repair itself, we then received a water bill of almost £12,000!

One area that has seen a dramatic change is the booking system. We are delighted to announce that the Hall can now also be booked online. Please go to the Victory Hall website at <https://www.victoryhallbroughton.co.uk> and follow the links. You will be able to see a "live" calendar of the availability of the rooms. Once you have selected the venue, date and time you will be prompted to read and acknowledge the Terms & Conditions and Privacy Policy.

#### Traffic and Road Safety

We can report that Westmorland & Furness Highways has finally responded to the issues and concerns we raised with them some eight months ago. There are a couple of minor works scheduled, but there was no mention of the alternate traffic flow options, or much-needed traffic calming measures which were mooted at the meeting last May. There was also no mention of the joint Parish Council/Broughton School questionnaire about the safety and effectiveness of the Keppleway buildout. However, we were informed that Highways had conducted an audit of the current 20MPH zone and recommendations have been made for discussion at Council-level Locality Team meetings. We have expressed disappointment and concern at the disregard for community involvement or engagement. We await a response to these concerns. Mr Simon Fell MP has asked to be kept in the loop on the issues we have highlighted to Highways and will add his weight to seek resolutions. Nevertheless, this was never going to be a quick fix, as many of you will have realised by now, so patience is the name of the game.

#### Council Tax

And finally, let's talk money! The new financial year is almost upon us, so along with Westmorland & Furness Council, the Police and Fire authorities, Duddon Parish Council must decide on how much money it needs to raise in Council Tax. This is called "the Precept". The current precept is £32,700 per year, spread across all Council Tax properties in the parish. Despite the rising costs and inflation that we are all experiencing, the Parish Council has decided that through prudent use of reserves, bearing down on expenditure and maximising income we are not proposing to increase this figure — a 0% change on last year. Of course the bulk of each Council Tax Bill goes towards Westmorland & Furness Council, Police and Fire who make their own decisions on their requirements.

Please follow us on Facebook <https://m.facebook.com/theduddonparishcouncil/>.



# WATER YEAT VILLAGE HALL

Presents

## Oak swill basket making

A talk and demonstration by Owen Jones about this unique Cumbrian basket made from the coppiced woods of the Furness Fells



**Thursday 21<sup>st</sup> March**

Open at 7pm for a 7.30pm start  
£5 entry, includes tea/coffee on arrival

[www.e-voice.org.uk/wyvh](http://www.e-voice.org.uk/wyvh)

### LDNPA NEWS

**Save the Date: The Great Cumbrian Litter Pick**



The Great Cumbrian Litter Pick will take place on Friday 22nd and Saturday 23rd March 2024. We will release more details soon. Look out for updates on our website.

#### URGENT

A NEW planning application has been submitted for the development of a holiday lodge park at Roanhead on the Furness coast.

The number of lodges has been reduced but the proposal remains huge, and will still result in significant harm to this sensitive area.

Previous responses won't count, so we need your help again to challenge the plans. We've created a response template to help you — go to our website at [www.friendsofthelakedistrict.org.uk](http://www.friendsofthelakedistrict.org.uk).



Duddon  
**History.org.uk**

### DUDDON VALLEY LOCAL HISTORY GROUP

Following the winter break, activity for 2024 kicked off with the Archive Exhibition on Saturday, 20 January. This year the theme was Broughton Schools as well as a demonstration of swill-making and a rolling slideshow of photographs from the DVLHG Archive. As usual a range of more recent additions to the Archive were on display.

Despite horrendous weather for the second year in a row, over 150 people dropped in to see us. This included a small group from the Barker family whose ancestors had emigrated to South Africa in the early 1900s. Now based in Lancaster, Silvia was keen to revisit the various spots in Broughton and the Mills where her family once lived.

The DVLHG 2023/24 season continues in February with meetings on the fourth Wednesday of the month. All at 7.30pm in the Victory Hall. The upcoming talks are:

27 March "A Most High-handed Proceeding: The Irton Right of Way Case, 1897-1907", Paul Pharoah

24 April "From Assarts to Acts of Parliament: a landscape archaeology view of enclosure", David Johnson

22 May "Broughton and the Duddon Valley: Images for the Sankey Collection", Stephe Cove

26 June "Furness Abbey", Gill Jepson

24 July (AGM) "I Saw Three Ships: The Ulverston Canal and its Maritime History", Jennifer Snell

In addition to the Talks programme, the DVLHG also organises a series of Walks, both local and further afield. All the Walks have a Walk Leader and focus on historical aspects in the landscape. In the coming months, we will visit the Hampsfell Hospice and Cartmel Priory Church, the Railway and Postman's Walk up to Aulthurstside and Water Yeats and Bridges of the Lickle Valley.



Walks are held either on a Wednesday or Sunday but because of insurance limitations they are only open to members. Details are circulated well in advance.

If you would like to join DVLHG, it costs £10 per year, guests are very welcome at the meetings (£2 per person).

Email the Secretary on [sec@duddonhistory.org.uk](mailto:sec@duddonhistory.org.uk). You may also wish to visit our website [www.duddonhistory.org.uk](http://www.duddonhistory.org.uk).

Colin Robertshaw (Hon. Sec.)



BRITISH RED SQUIRREL PRESENTS


# GREY SQUIRREL MANAGEMENT TRAINING

This Lantra accredited course is for anyone involved in managing grey squirrel populations - for beginners or experienced controllers. This one-day course covers all aspects of grey squirrel control and has been developed by a partnership of the major organisations within the squirrel management and conservation world. It is designed to be flexible, allowing provision across the British Isles

**Location:** Victory Hall, Broughton in Furness  
**Date:** Monday 18 March 2024  
**Time:** 9.30am to 4.30pm, Cost: £35.00 + Booking Fee  
 Tea, Coffee and Biscuits provided, please bring your own snack lunch  
 For more information please email: [contact@britishredsquirrel.org](mailto:contact@britishredsquirrel.org)

Together we can create a collaborative approach to safe and effective grey squirrel management.

**COURSE CONTENT INCLUDES: ECOLOGY OF RED AND GREY SQUIRRELS, REASONS FOR CONTROLLING GREY SQUIRRELS, LAW, WORKING TOGETHER, HEALTH & SAFETY, MONITORING, AND PRACTICAL METHODOLOGY WITH ASSESSMENT.**



# KITTY BROWN BOUTIQUE FASHION SHOW

Victory Hall  
Broughton in  
Furness

Tuesday  
12th March  
7:30pm

**£5**  
includes tea/coffee  
and biscuits

In aid of St Mary's  
Hospice  
Charity No. 517738



## WINTER TREE IDENTIFICATION

FRIDAY 8 MARCH 7.30PM

THWAITES VILLAGE HALL



An interactive presentation by retired forest and countryside conservation officer Gareth Broome

Admission: £3 suggested donation, including tea/coffee and biscuits

MEMBERS AND NON-MEMBERS WELCOME



**Forest Bathing comes to Broughton!**  
**Saturday 6th April, 9–12pm in Broughton Square**

Welcome to an early Spring Forest Bathing walk! I am a Certified Nature and Forest Therapy Guide and am excited to share forest bathing with you. Forest bathing (or forest therapy) is a slow, gentle, guided walk in nature. It isn't a naturalist exploration and it isn't a rigorous hike. Rather, it is an opportunity to unplug in a peaceful setting with a series of invitations, or prompts, that are designed to help you quiet your mind, awaken your senses, and deepen your connection to yourself, each other, and to the water and woods. We will meet at the obelisk in the square in Broughton-in-Furness and then will meander along the beautiful old railway line, by the ponds and into the woods. The lovely area we will be walking in is part of the Lake District National Park and the route will be between a mile and two miles. There will be times when we will walk or sit quietly alone and times when we'll gather together. We'll end our walk with snacks and a tea using plants foraged from the area.

This event is ideally for people 16 and older. The fee is £30 per person and booking is essential. I look forward to introducing you to forest bathing!

Feel free to reach out with any questions. For more information or to register, go to: <https://www.forestbathingfinder.com/product/broughton-in-furness-railway-line-and-connected-public-footpaths/>



**BROUGHTON**

# Youth Drop-in

@ Broughton Methodist Church

**Age 11+**

**Games**

**Tuck shop**

**Hot chocolate**

**Thursdays, 7-8:30pm**

**term time from 22nd February**



For more information contact Revd. Vic Sekasi [tkbdchurches@gmail.com](mailto:tkbdchurches@gmail.com)

**SUSTAINABLE DUDDON**

### News from Sustainable Duddon Sustainable Duddon Christmas Holiday Project

We visited the school to view and judge the entries and were encouraged and impressed by the thought and creativity demonstrated by the 9 entrants. Headteacher of Broughton School, Mr Costa, welcomed us, and Mr Cousins gave a guided tour of the school, after which we presented small prizes, explained the current projects being undertaken by Sustainable Duddon, and engaged the children in a short Q & A session. All entrants received a tree, courtesy of the Woodland Trust, to plant and nurture. Our School is very supportive of environmental education, and it is good to know that the children are being so well taught about nature and their environment.

### Apple Grafting Course

At the time of writing, the course is over a week away, and is almost full. We hope all who attended found it enjoyable and informative. Thanks to Dick Palmer for his time and expertise.

### Environmental Improvements at Thwaites School

Sustainable Duddon works closely with Millom Without Environment Group. They have been working with head teacher of Thwaites School, Mr Redhead, to deliver environmental benefits to the pupils and everyone at Thwaites school. More hedges have been planted, some of which were sourced by us, and native wildflower bulbs ordered. Additional grants will pay for other improvements including hedge laying, gravel for paths, and a wildlife camera, which is currently being trialled.



### Trees!

We have managed to source over 700 trees which will be used for a variety of projects together with other environmental groups in our area. These have been "heeled in" in the Community Garden ready for transplanting to their final locations.

**Get in touch for more information**  
[sustainableduddon@gmail.com](mailto:sustainableduddon@gmail.com)

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**07908 411 720**  
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#### MESSAGE FROM OUR MP SIMON FELL

In my last article I mentioned the delays to the scheme at Grizebeck due to the pandemic and the impact that this has had on costs and delivery since then. You may recall that in 2020 I secured £12.7million from the Department of Transport to get the bypass over the line, but now the cost of the project has ballooned and the Council requires more funding to get it delivered. Recently I brought the roads Minister to Dove Ford to see just why it is so necessary, and only a couple of weeks ago, I took the Leader of the Council to see the Cabinet Secretary in his office in Whitehall to make the case as part of Team Barrow. The work continues and I'm hoping for a breakthrough soon as this delay is unfair on everyone involved, keeps the road unsafe, and holds our area back.

As always, Team Barrow has kept me very busy. This opportunity to leverage the generations of work now secured in the shipyard thanks to the Government's commitment to Dreadnought and AUKUS to drive significant investment into the area is huge.

One such example came last month when Homes England approved a £24.8 million funding agreement to deliver the Marina Village in Barrow, enabling the creation of over 800 new homes. The funding comes as part of the Team Barrow programme of work, bringing together the Government (led by the Cabinet Secretary), Westmorland & Furness Council, BAE, and myself, to ensure that Furness is in the best position to deliver the submarine programme and against AUKUS, and that the wider Furness peninsula benefits from that multi-decade programme of work. Marina Village will provide 808 new homes, a nature conservation area and new public open spaces. It is vital to the plan to secure Furness's future. There's plenty more work to do in Team Barrow, but this announcement is an important marker in delivering for Furness.

I also recently joined a meeting of local farmers, and our local National Farmers Union team, kindly hosted by Tom Postlethwaite at his home in Urswick. As ever there was lots to discuss, and we covered a range of issues from water management to TB and protecting and sustaining rural communities to planning. There was lots for me to take away and discuss with the Ministerial team in Westminster, and to raise locally too. But as ever, I'm left with a deep appreciation for Furness's farmers, who produce some really wonderful food, protect our landscapes, keep our rural communities alive, and do a whole lot more alongside that too.

As always, my surgeries have been busy, with topics ranging from the hyper local to international issues. I hold face to face or virtual surgeries every week, so please do get in touch by email [simon.fell.mp@parliament.uk](mailto:simon.fell.mp@parliament.uk) or phone on 01229 314220 if there are issues you would like to discuss.

## BROUGHTON FILM CLUB

### *The Banshees of Inisherin*

15

*Martin McDonagh writes and directs this award-winning black comedy drama starring Colin Farrell and Brendan Gleeson. Set in 1920's Ireland, it's an end-of-friendship breakup movie that swings between the hilarious, the horrifying and the heartbreaking in magnificent fashion.*

**Friday 15<sup>th</sup> March  
7.30 pm**

**Victory Hall, Broughton-in-Furness**

Tickets on the door (cash only)  
£5 members/£7 non-members  
Doors open 7 pm Wine and soft drinks on sale

*Make it a special evening with our*

#### **Film Club Meal Deal**

**£20 for 2 courses + film ticket  
6 pm at The Square Café in Broughton**

**Book your Meal Deal by Tuesday 12<sup>th</sup> March**  
on 716388 (10.30 - 16.00) or 07563 603216



### **Theme Night Fridays**

**Broughton in Furness**

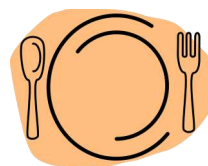
**Call 01229 716293**

**'All Coming Soon'**

Pie & Pies, Cumbrian Tapas, 'BFC' Broughton Fried

Chicken, Curry Night., Grill Night, Nando's Night.

To Check out what's on, visit [www.oldkings.co.uk](http://www.oldkings.co.uk)



### **Broughton Supper Club**

**13th March**

**Old Kings Head, Broughton in  
Furness**

**Drinks at 6.30pm followed by a two-course supper & speaker — usually finishing by about 9.30pm**

New members are keenly  
welcomed and should contact either:  
Secretary, Malcolm Churchill (01229 716776)  
or Chairman Bryan Whitaker (01229 770134)



Rev'd Victoria Sekasi  
Priest in Charge  
07786 061 972  
tkbdchurches@gmail.com

# Parish News



Benefices of Broughton and Duddon & Kirkby Ireleth. Associate Priest of the Parish of Thwaites

I wonder what is blooming in your garden or in the scenery surrounding where you live? At present my garden is full of snowdrops, crocuses, and daffodils flowering. Whilst serving as youth minister at Ulverston Parish Church, I remember we led youth group sessions outdoors. At the end of March, we went into the woods and spent time noticing the leaves, the seeds, the dead spring flowers, and how little colour there was. We went back to the same woods in early May and the floor was covered in bluebells. It was magnificent and an experience that I will never forget. Spring is a season that speaks of hope and new life.

I have been reflecting on these verses from Isaiah 43.18-19 as I go into March, *'Forget the former things; do not dwell on the past. See, I am doing a new thing! Now it springs up; do you not perceive it? I am making a way in the wilderness and streams in the wasteland.'* Isaiah often spoke in pictures and poetry. He aimed to help people escape from the usual ways of thinking, and to imagine that things could – and would – be different in the future. When this passage was written God's people were living in exile, in Babylon, struggling to maintain their identity in a society which did not share their faith. God invited them through Isaiah's words to imagine a future which would be radically different from their present reality. Sometimes I struggle to perceive the new thing God is doing as I am so focused on the past, the losses I am experiencing and the tragedies going on around the world. I encourage you as we move into Spring to perceive the new thing God is doing or notice the new growth around you. We are in the season of Lent which many people throughout the world celebrate. The actual word *Lent* in English means *'lengthen'* as the hours of daylight are getting longer again. As life prepares to burst out of our natural world – lent prepares our hearts for the new life that Jesus brings through his resurrection.

On Palm Sunday we will remember Jesus' triumphant entry into Jerusalem. God was doing a new thing, but the people of God did not perceive it. One day they praised him shouting, 'Hosanna!' and some days later they shouted 'Take Him Away! Crucify Him!' As we journey through Easter it is a time for us to remember together his death and resurrection, when God did a new thing and brought new life to the world. Beyond the pain of the cross lies the hope of the resurrection. Let us not forget the new things God did and is doing and the promise that he will make a way in the wilderness and make streams in the desert. As I close, I'm reminded of a lyric from a worship song by Don Moen, *'God will make a way where there seems to be no way'*.

What is springing up around you? What new growth do you notice? What new thing is God doing? Where do you need God to make a new way in the wilderness or a new stream in the desert?

My prayer is that you will experience hope and new life as we journey into March.  
Yours in Christ,

Rev'd. Vic Sekasi

## Services during Holy Week and Easter 2024

### Maundy Thursday at St Mary Magdalene (28th March)

All school children's families are invited to St Mary Magdalene for Coffee & Hot Cross buns after school drop off and to see an exhibition of work done by the children before the 10am **Easter Collective Worship** led by Broughton CofE School (Y3 & Y4)

### Maundy Thursday at St Cuthberts, Kirkby (28th March)

7pm – Holy Communion

### Good Friday at St Mary Magdalene (29th March)

9.30am Service at St Mary Magdalene, Walk of Witness to the High Cross and then to the Square Café for Coffee & Hot Cross Buns

### Holy Saturday at St Annes, Thwaites (30th March)

5pm–6.30pm Mossy Church; Family Friendly; Easter Egg Hunt

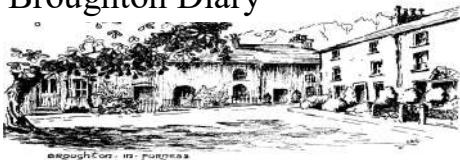
### Easter Sunday (31st March)

Sunrise Service with Coniston Churches Together – 7am on the beach by the Bluebird Café

10am – Joint Parishes Family Friendly Communion at St Mary Magdalene, Broughton

6pm – Holy Communion at Holy Trinity, Seathwaite

## Broughton Diary



### March Events

- 1 Mountain Film Festival: 7pm, Victory Hall
- 2 Vera's Annual Quiz: 7pm, Woodland Parish Room
- 6 Broughton Mills, Woodland and Foxfield WI: 7.30pm, Woodland Parish Room
- 8 CWT: Thwaites Village Hall, 7.30pm
- 9 Woodland Spring Show (see p.1)
- 9 Music at Ulpha: Browfoot Room, 7.15 for 8pm
- 12 Parish Council Drop-in: The Square Café, 10.45–12pm
- 12 Fashion Show: Victory Hall, 7.30pm
- 12 Ulpha & Seathwaite WI: Browfoot Room, 7.30pm
- 13 Broughton Supper Club: Old King's Head, 6.30pm
- 15 Film Club, *The Banshees of Inisherin*: Victory Hall, 7.30pm
- 18 Grey Squirrel Management Training: Victory Hall, 9.30–4.30pm
- 21 Oak swill basket making: Water Yeat Village Hall, 7 for 7.30pm
- 22/23 Great Cumbrian Litter Pick — see p.8
- 24 Autumn String Quartet: 7pm, Water Yeat Village Hall
- 27 DVLHG: Rankin Room, Victory Hall, 7.30pm
- 28 Knife sharpening: Foxfield Garden Centre, 9.30–3pm
- 28 DPC: Rankin Room, Victory Hall, 7pm

### April Events

- 2–5 Keppleway Holiday Club (see p.1)
- 6 Forest Bathing: Broughton Square, 9–12pm
- 8–11 Keppleway Holiday Club (see p.1)

### Weekly Café Events

- Every Monday** Retreat Café 1.30-3pm, Square Café
- Every Tuesday** Coffee Morning, 10.30am, Square Café
- Every Thursday** Fairtrade Coffee Morning, From 9.30am, Methodist Hall
- Every Thursday** Coffee, Cake 'n Chat: at Pop Up Post Office, 1-3pm, Browfoot Room

**Every Sunday afternoon** Gardening at The Old School House, Ulpha Bridge

### Pilates @The Browfoot Room

Wednesdays 6.30pm



Commencing  
10th January

A mixed ability class  
**£8 per class**

All you need is a mat, comfortable clothing and bare feet

Contact Heidi to book your place on  
**07519 395545**  
[personalisedpilates1@gmail.com](mailto:personalisedpilates1@gmail.com)

## Benefice of Broughton & Duddon Benefice of Kirkby Ireleth and the Parish of Thwaites



### Church Services

#### St Cuthbert, Kirby at 9.30

- 1st and 3rd Sundays — Service of the Word
- 2nd and 4th Sundays — Holy Communion
- 5th Sunday — Joint Parishes Worship

#### St Mary Magdalene, Broughton at 10am

- 1st Sunday — Café Church
- 2nd Sunday — Morning Worship
- 3rd Sunday — Holy Communion
- 4th Sunday — Celtic Worship

#### Duddon Valley Churches St John the Baptist, Ulpha

- 1st Sunday — 3pm, Family Communion
- 3rd Sunday — 6pm, Evening Prayer

#### Holy Trinity, Seathwaite, 6pm

- 5th Sunday — Evening Service

#### St John the Evangelist, Woodland, 6 pm

- 2nd Sunday — Evensong
- 4th Sunday — Holy Communion

#### St Anne's, Thwaites, 11.15

- 2nd Sunday — Informal Worship
- 4th Sunday — Family Communion

## PARSONAGE ROOM EVENTS

### Knit and Natter

Learn new skills or just relax with friends  
Details: Jan **716155**  
**1st & 3rd Friday**  
**2pm–4pm**

### BROUGHTON RUNNERS JUNIORS

Ages: 6-18  
**Friday** (School Term Time):  
**5:30–6:30pm** £1 per session  
[broughtonrunnersjuniors@gmail.com](mailto:broughtonrunnersjuniors@gmail.com)  
Facebook:  
Broughton Runners Juniors  
Instagram: broughtonrunnersjuniors

## Methodist Church Services



### Kirkby in Furness, Marshside

11am Morning Service, 1st, 3rd,  
4th & 5th Sundays  
6pm Service with Communion on  
2nd Sunday

### Millom, Queen Street

11am Every Sunday

You will be made most welcome

## The Roman Catholic Parish of St Francis of Assisi

### Our Lady and St James RC Church, Millom

Wednesday 5.30pm  
Sunday Mass 10.30am

### Sacred Heart RC Church, Coniston

Thursday 10am  
Saturday Vigil Mass 5pm

Father Mathew Jacob

Tel: 01229 779673

E: [saintfranciscumbria@gmail.com](mailto:saintfranciscumbria@gmail.com)

[www.saintfranciscumbria.com](http://www.saintfranciscumbria.com)

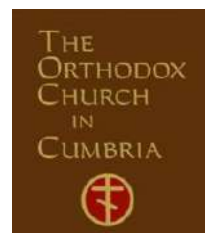
## Salvation Army Fortress, Nelson Street, Millom



Church Service  
4pm Every Sunday

## The Orthodox Community of St. Simon and St. Kentigern Divine Liturgy of St. John Chrysostom

Cemetery Chapel,  
Dalton-in-Furness, LA15 8LL.



**Every third  
Saturday of  
the month,  
starting at  
10.30am.**

[www.orthodoxcumbria.org.uk](http://www.orthodoxcumbria.org.uk)  
Email: [holy.fathers@gmail.com](mailto:holy.fathers@gmail.com)